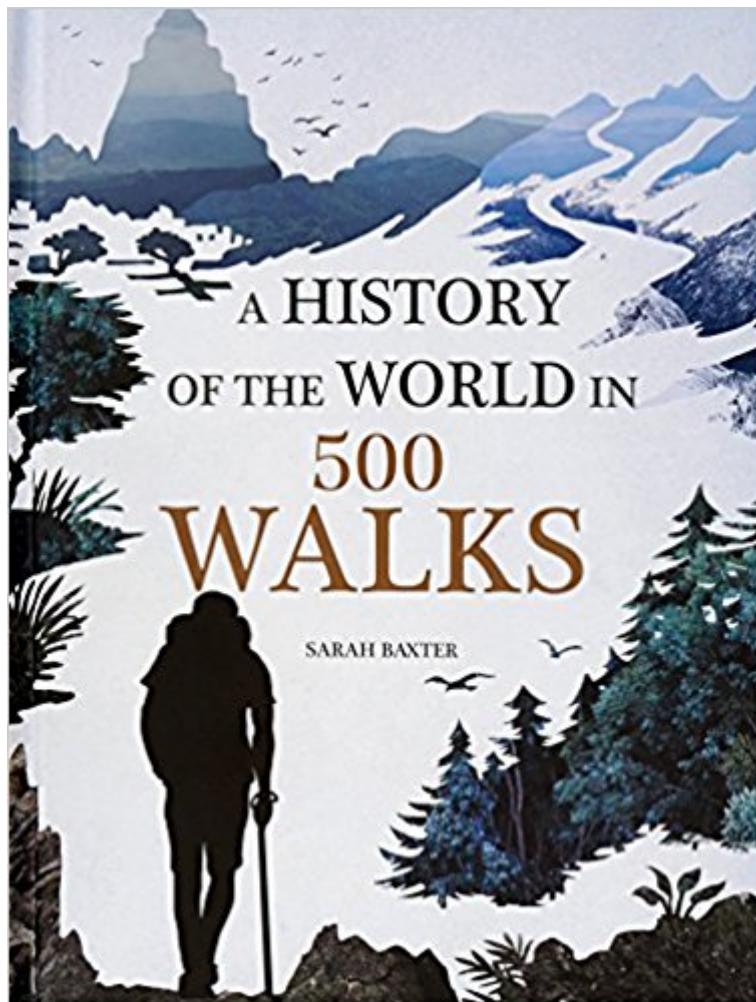


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# A History Of The World In 500 Walks



## Synopsis

From geologic upheavals and mad kings to trade routes and saints' ways, this book relates the tales behind the top 500 walks that have shaped our society. It's easy to imagine traveling back in time as you read about convicts and conquistadores, silk traders and Buddhists who have hiked along routes for purposes as varied as the terrain they covered. From prehistory to the present day, take a grand tour of world events at eye-level perspective with accounts that combine knowledgeable commentary with practical detail. You may even be inspired to lace up your own boots!

## Book Information

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## Customer Reviews

Sarah Baxter grew up in Norfolk, England (high point: 100m), which may partly explain her love of the mountains. Her passion for getting active outdoors saw her traverse Asia, Australia, New Zealand and the U.S. before settling into a writing career. Since 2002 she has worked at *Wanderlust* magazine, the bible for independent-minded travelers, where she is now Associate Editor. She has written extensively on walking and travel for *Wanderlust* and a diverse range of other publications, from *The Guardian*, *The Telegraph*, and *The Independent* to *Country Walking and Runnerâ™s World*, and has contributed to more than a dozen *Lonely Planet* books. Mainly, though, she likes to put one foot in front of the other. Whether it be ice-axing up Italyâ™s *Gran Paradiso*, completing all 1,000km of Englandâ™s *South West Coast Path*, summittting *Kilimanjaro*, exploring *Bhutanâ™s* only yeti reserve, completing *New Zealandâ™s Tongariro Crossing* (by night) or strolling from her front door in Bath straight into the *Cotswolds*, she is never happier than when she's out on a walk.

I have many trail guide books. This is the best written one I have. Trail features are described without a lot of superfluous info. Maps are excellent. I am already making a list of places to explore from this book on my next adventure.

Wow, so many great ideas of places to visit and enjoy while walking. I wish I had another lifetime to visit more of these places but will seek to do as many as I can. Would be helpful though if there was an index up front that listed all of the walks in sequence as they appear in the book.

Fantastic book that keeps the reader flipping from page to page; countries to continents; early historical eras to modern times. If you love someone with wanderlust for walking adventures, this is a great source.

Purchased for a birthday gift. Peeked. The gift was mailed late because I couldn't stop exploring the book!

Good

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